THORNTON MANOR
NOVEMBER 2026

DOWN HOME TO CHIT CHAT
WWW.THORNTONMANORLANSING.COM



CONDOLENCES:
Our sympathy goes out to the family and friends of Carol Hinrichs who passed away in OCTOBER.

HAPPY BIRTHDAY!

THORNTON MANOR
DAYTON JONES 14TH
NANCY MURKEN 21ST
SHIRLEY MILLER 23RD

THORNTON HEIGHTS
CHARLOTTE HILL 1ST

STAFF
JESSICA LAMPE 15TH

Welcome November

New month, new chapter, new page and new wishes.
May the month give you courage, strength, Confidence, patience, self-love & inner peace. May everyday in November fill your days with Hope, love, sunshine and energy. Let there be Joy, Fun and Laughter.





NO SHAVE NOVEMBER
MOVEMBER

November is
Men's Health
Awareness Month

Men are encouraged to not shave if they can or let their mustache grow to raise awareness for men's health



The sun has already started setting earlier, a sign of the impending autumn season. The clocks will "fall back" on **Sunday, Nov. 1st, 2026,** marking the end of daylight-saving time for the year and bringing us back to Standard Time. That night, we will gain an hour of sleep. But the sun will start setting an hour earlier.

THORNTON MANOR AND THORNTON HEIGHTS VETERANS
DENNIS MILTON NAVY
DAYTON JONES & PAT TAYLOR AIR FORCE
TOM SPINNER NATIONAL GUARD
EARL JONES ARMY

In 1954, President Dwight D. Eisenhower officially changed the holiday known as Armistice Day to Veterans Day. It is a day set aside to remember and honor the service and sacrifices of Veterans who serve and have served in all branches of the military. For many of us, we thank those who served and remember those actively serving today.

EMILY PIERCE
Administrator
JEN RYAN
Interim Director of Nursing
STACY HOAGLAN
Office Manager
CATHY MULHOLLAND
Food Service
KAREN ULRICH
Recreation Therapy Director
DIANNE FRUTH
Environmental Services
BRENT HARTLEY
Maintenance

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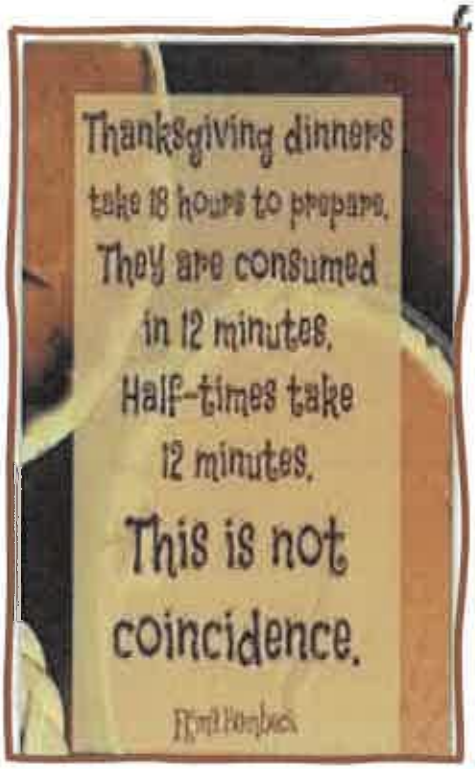
CORNUCOPIA
FAMILY
FEAST
FOOD
GOURDS
HUNTING
INDIANS
MAIZE
MEAL
PIE
PILGRIMS
POTATOES
SCARECROW
SHARING
THANKSGIVING
TURKEY

P T H S D R U O G F O O D A L
A I N D I A N S I G A S K N A
I V E I N G T U H R K M E Y E
P I L G R I M S R A A H I S M
O N H I S C A R E C R O W L P
C A U T E Q I S P I L I T O Y
U A N M L A Z F E A S T N R G
N I T Z E Y E K R U T H U G N
R S I O N I V I O S K N A H T
O T N D C R N U C O F G N I T
C F G O O P O T A T O E S A E







Tips for a Healthy Thanksgiving

Thanksgiving is typically celebrated by feasting, of course, then you have the post feast nap, a few hours of watching football, and then an additional leftover turkey sandwich and a slice of pumpkin pie. Here are a few ideas for a healthy Thanksgiving holiday! **Eat stuffing, don't eat until you're stuffed.** Listen to what your body tells you. If not hungry, don't eat more. **Stay hydrated.** Water is the healthiest beverage there is, and your body needs it to survive and function properly. Drinking water can also help you feel full, which can help prevent overeating. **Make a point to get up and be active.** **Happy *Healthy* Thanksgiving!**

NOVEMBER ENTERTAINMENT AT 10:00AM

TUESDAY, NOV. 3RD	JAY HOFFMAN
TUESDAY, NOV. 10TH	EMMA BLANK
SATURDAY, NOV. 14TH	TIM THE MUSIC MAN
TUESDAY, NOV. 17TH	ABBEY LANE
MONDAY, NOV. 23RD	"THE GUTHRIES"
MONDAY, NOV. 30TH	MIKE MCCABY

EI EI EI O!!!
CELEBRATING OKTOBERFEST WITH GERMAN BEER, FOOD, MUSIC, DANCING AND FUN!!

REMEMBERING OCTOBER....

























