

Thornton Manor

August 2026



DOWN HOME CHIT CHAT
WWW.THORNTONMANORLANSING.COM

Thornton Manor is pleased to announce our new staff members!

ADMINISTRATOR: KRISTINE BLEXRUD

Kristine, her husband and 3 children reside in Caledonia, MN with experience in Long Term Care Administration.

OFFICE MANAGER: STACY HOAGLAN

Stacy lives in the rural area between Lansing and Waukon with her horse, 3 dogs and a wide range of experience.

**WELCOME KRISTINE AND STACY TO OUR
THORNTON FAMILY!**

DEPARTMENT HEADS

KRISTINE BLEXRUD

Administrator

STACY HOAGLAN

Office Manager

CATHY MULHOLLAND

Food Service

KAREN ULRICH

Recreation Therapy

Director

DIANNE FRUTH

Environmental Services

BRENT HARTLEY

Maintenance



(Left)-
Kristine
Blexrud
(Right)-
Stacy
Hoaglan



Happy Birthday

THORNTON MANOR

VJ Nelson 14th

THORNTON HEIGHTS

None

STAFF

Karla Jevne 3rd

Cathy Mulholland 4th

Samantha Creasman 5th

Alicia Scholtes 6th

Carol Swiggum 13th

Kristine Blexrud 19th

Sasha Rask 19th

Noah Heuer 31st



LANSING FISH DAYS

The Lion's Club is hosting Lansing Fish Days

August 7th-9th, 2026

Since 1931, Lansing Fish Days began to celebrate the opening of the Blackhawk Bridge, originally a toll bridge that connects Iowa and Wisconsin. It continues to be a yearly celebration that has entertainment for all. Lansing Fish days provides loads of entertainment for the whole family throughout the weekend. Enjoy carnival/inflatables for the kids, youth pedal pull, walk/run, big wheel races, face painting, bags tourney, soap box derby, balloon artist, nightly entertainment, arts and craft vendors, softball, parade, fireworks and much more!



*Do not regret
growing older.
It is a privilege
denied to many.*



Thornton Manor &
Thornton Heights
2011 our 50th year!

WE'RE FACEBOOK OFFICIAL!

Like and share our profile on Facebook to see what your loved ones are up to! You can search:

Thornton Manor & Thornton Heights or **@ThorntonManor1329**

The profile will look like the picture on the left! 😊

AUGUST IS NATIONAL WELLNESS MONTH

This August celebrates National Wellness Month. This month focuses on self-care, stress management, and creating healthy routines. If you are looking for an excuse to make a change, start this month in support of National Wellness Month. Self-care is an important part of well-being for us as well as those around us. It can take 21 days for something to become a habit and 90 days for it to be a lifestyle change. Practicing self-care, managing stress, being mindful, practicing self-compassion, and focusing on proper nutrition and exercise are all things you could work towards incorporating into your daily routine. Here are some simple self-care habits to start including into your daily routine to help improve your well-being.

- Increase your water consumption.
- Increase the amount of fruit and vegetables in your diet.
- Monitor your sleep and make changes to improve your sleeping habits.
- Participate in yoga, walking, or exercise class.
- Practice meditation

GARDENING AT THORNTON MANOR IN JULY!



August is what we call the dog days of summer. The weather is gloriously warm, the gardens are lush with vegetables ready to pick, and the parks and beaches are packed with people enjoying the last few weeks of summer vacation. August is a time to relax and recharge for the coming school year and the impending fall season! August is the month when most vegetables are ready to be harvested. Tomatoes, peppers, cucumbers, and peas are at their freshest and most bountiful this time of year. Thornton Manor residents are enjoying cucumbers, onions, tomatoes, peppers, and radishes, in the month of July! YUMMY!

EVERYONE IS WELCOME AND ENCOURAGED TO JOIN US FOR OUR WONDERFUL ENTERTAINMENTS!!



ENTERTAINMENTS IN AUGUST!!

MONDAY, AUGUST 3 RD	@10:00am	Mike McCoy
FRIDAY, AUGUST 7 th	@10:00am	Joe Cody
TUESDAY, AUGUST 18 TH	@ 10:00am	Tom Conrad
SATURDAY, AUGUST 22ND	@10:00am	Tom Baker
TUESDAY, AUGUST 25 TH	@10:00am	Kevin Mattson





July Highlights!



Kitten Surprise Visit!

Janelle Stendel was extremely surprised to have Thornton Manor neighbor Pat Spinner come running into facility stating, "There are two little kittens that just came out of underneath a car in the parking lot." Janelle screamed. "They're Mine" and retrieved the cuties and brought them in for a visit for staff and residents.

The kittens decided to go for a joy ride under Janelle's car to work with her.

Thankfully, they are back home safe and unharmed!



CONDOLENCES:

Our sympathy goes out to the family and friends of Joanne Kehr who passed away in July.

Fourth of July



Word Search Puzzle

R	U	Q	O	G	Y	K	J	Q	E	K	R	O	I	Y	F	V
E	N	T	G	G	P	A	T	R	I	O	T	I	C	O	T	A
V	H	O	L	I	D	A	Y	S	C	C	Q	A	T	L	P	
O	I	H	U	U	M	Z	S	O	F	R	E	E	D	O	M	E
L	I	N	D	E	P	E	N	D	E	N	C	E	A	H	Y	S
U	Q	C	T	Y	R	L	X	S	O	Z	E	N	M	O	T	U
T	D	O	Q	G	G	J	D	R	Y	A	L	P	S	T	P	M
I	W	L	N	F	A	M	I	L	Y	S	E	B	B	D	I	M
O	C	O	B	N	L	U	O	O	K	E	B	I	E	O	C	E
N	C	N	R	K	L	Y	F	R	U	O	R	D	W	G	N	R
G	A	I	S	N	I	M	O	C	G	E	A	H	J	S	I	B
S	M	E	C	G	B	W	E	I	S	R	T	J	L	J	C	I
T	E	S	B	G	E	B	C	X	A	R	I	M	U	S	I	C
A	R	G	K	R	R	B	S	P	U	C	O	J	U	L	Y	J
T	I	Z	I	A	T	E	A	O	T	C	N	F	L	A	G	R
E	C	F	B	Y	Y	W	F	J	E	F	F	E	R	S	O	N
S	A	V	H	X	F	L	O	L	N	Y	D	M	E	F	R	R



ADAMS	FLAG	LIBERTY
AMERICA	FOURTH	MUSIC
BARBECUE	FREEDOM	PARADE
CELEBRATION	HOLIDAY	PATRIOTIC
COLONIES	HOT DOGS	PICNIC
CONGRESS	INDEPENDENCE	REVOLUTION
FAMILY	JEFFERSON	STATES
FIREWORKS	JULY	SUMMER

Free printable courtesy of 1000puzzles.net

Residents enjoyed a fascinating wildlife presentation by Erin Cubbin from the Driftless Center, featuring fur pelts, a live milk snake, and a monarch caterpillar!

